

Balanced FRESH Program Evaluation

A “FRESH” children’s ministry program is:

Family-focused, **R**elationship-driven, **E**xperience-rich, **S**piritually-based, **H**elp-oriented

A balanced, **FRESH** children’s ministry program blesses both the team members and the children. It inspires while it challenges and makes the kids laugh. The power of a balanced, **FRESH** program is that it transcends all of the hopes and prayers of its developers. It becomes eternal in its connections to the parents, children, team members, the church and the community. A balanced, **FRESH** program is the result of research and awareness of today’s kids, much prayer, hours of planning, consultations, and the presence of the Holy Spirit.



Family – Focused

1. Provides periodic whole-family activities during the program
2. Focused on the kids while also supports the parents
3. Supplies mid-week support or activity ideas for the whole family
4. Provides security/safety for children through a protective check-in system
5. Connects to the family needs of the church and/or community



Present ?

- Yes ___ No ___
Yes ___ No ___
Yes ___ No ___
Yes ___ No ___
Yes ___ No ___

Relationship – Driven

6. A blend of large group and small group experiences
7. An environment rich with adult mentors as guides to learning
8. An equal amount of topics and experiences that are interesting to boys and girls
9. Connects to the relationship needs of the church and/or community



- Yes ___ No ___
Yes ___ No ___
Yes ___ No ___
Yes ___ No ___

Experience – Rich

10. Captivating for both the “church kid,” as well as the first-time visitor
11. A learning environment that is fun, energetic and kid-focused
12. A learning environment that incorporates self-discovery activities
13. A variety of audio, visual, tactile, and experiential teaching methods
14. A blend of high-energy times for excitement and low energy times for contemplation
15. A blend of times of study with times of worship and times of prayer
16. Connects to the experience needs of the church and/or community



- Yes ___ No ___
Yes ___ No ___
Yes ___ No ___
Yes ___ No ___
Yes ___ No ___
Yes ___ No ___
Yes ___ No ___

Spiritually – Based

17. Fun for the kids while, at the same time, being rich in spiritual fruit
18. A “trendy” program while also applying Biblical stories and truths
19. A focus on Bible knowledge while fostering relationships with God
20. Connects to the spiritual needs of the church and/or community



- Yes ___ No ___
Yes ___ No ___
Yes ___ No ___
Yes ___ No ___

Help – Oriented

21. An emphasis on personal spiritual growth while challenging sacrifice for others
22. Consistently challenges the children to “battle” their own selfishness
23. Involves the children and their parents in outreaches or service projects
24. Connects to the needs for help in the church and/or community



- Yes ___ No ___
Yes ___ No ___
Yes ___ No ___
Yes ___ No ___